

Appendix 4. Technologies for intervention delivery in TBI arms (n=107).

Descriptor of applied technical medium(s)	Number of identified TBI arms	Proportion (in %) on all TBI-arms
At least one interventional component was delivered via the internet	80	75
Internet-based intervention	58	54
Internet-based intervention + telephone support	18	17
Internet-based intervention + CD-ROM + telephone support	2	2
Internet-based intervention + CD-ROM	2	2
At least one interventional component was delivered via telephone (eg, telephone support)	34	32
Telephone	12	11
Internet-based intervention + telephone support	18	17
Internet-based intervention + CD-ROM + telephone support	2	2
Telephone + DVD	1	1
CD-ROM + telephone	1	1
Others	13	12
Mobile phone (text messages)	2	2
Videoconferencing	3	3
Offline computer program	8	7

Note. Color highlighting of lines that were considered twice in different categories of applied technical mediums.